

Barts Health NHS Trust

Our Surgical AEC Journey

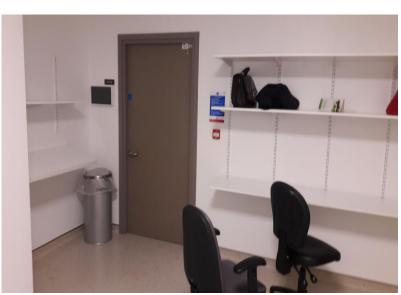
Background

3 Sites – Royal London Hospital, Newham University Hospital,
Whipps Cross Hospital

Decided to focus on the Royal London Hospital as it has an

SAU and dedicated space.

- Not fully utilised
- Not well known
- No permanent staff
- No Data



Changes/Improvements — Royal London Hospital

Re-named it (ESAC) – Emergency Surgical Ambulatory Care and had

signs created

Created a waiting room

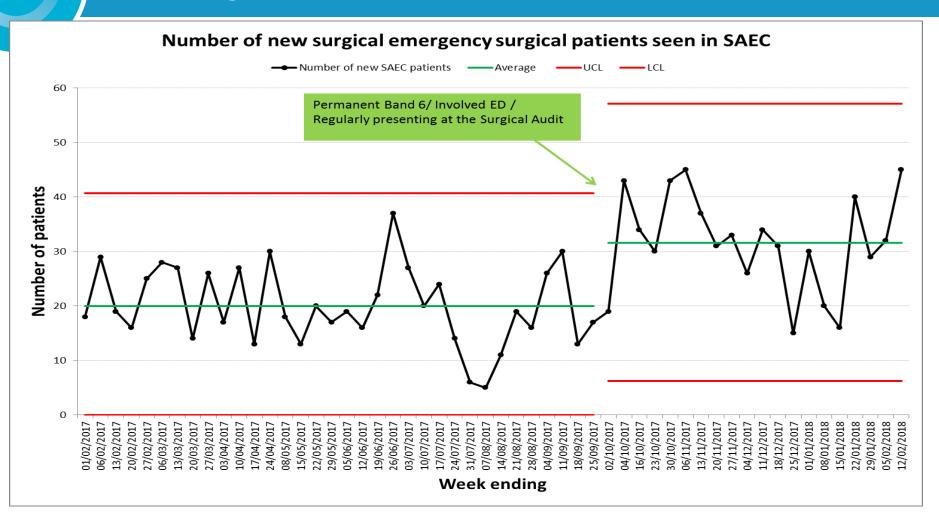
- Employed 2 permanent Band 6 nurses
- Created a spread sheet to record details
- Developed a good relationship with diagnostics particularly USS
- Presented at the surgical audit days
- Created posters, ways to communicate and spoke to any and all about our unit.
- Went down to ED and attended morning nursing handover
- Created an ESAC leaflet

Emergency Surgical Ambulatory Care (ESAC)

ESAC aims to provide urgent hospital care where you will receive rapid assessment and treatment from our teams of nurses and doctors.

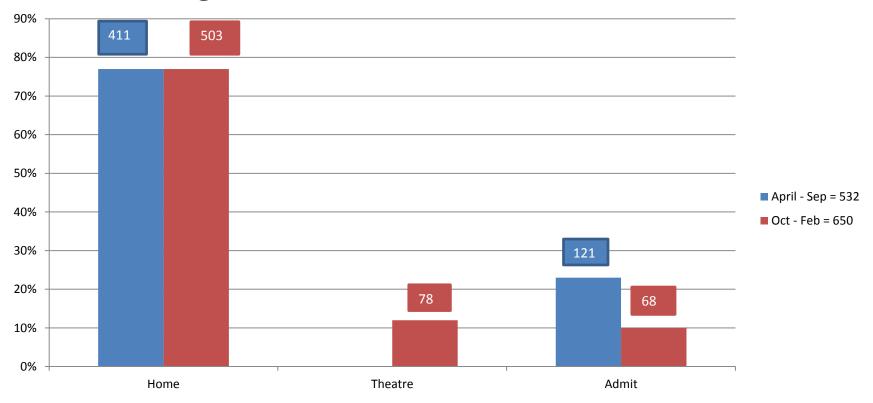
You will either complete your treatment today, be brought back for day surgery or have further reviews in our hot clinic. Some patients may require admission to a ward, but most are able to go home from here.

Changes/Improvements



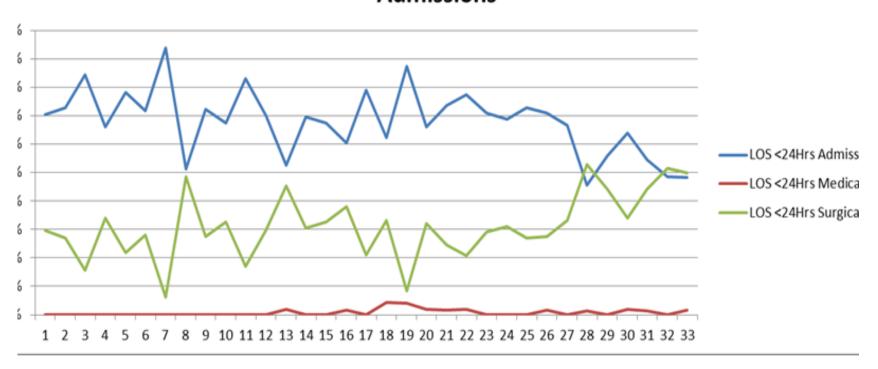
Changes/Improvements

Discharges vs. Admissions



Measurement/Impact of Changes

Surgical AEC uptake for patietns with LOS <24hrs for Surgical Admissions



Challenges

- 3 Sites everyone at a different starting point
- Data collection
- Different ways of communication styles
- Managing expectations
- No extra resources
- ICT delays
- Restructuring delays now changed due to increase in activity
- Multiple ambulatory care areas starting
- Number of initiatives looking at patient flow

How we overcame our Challenges





Next Steps

- 7 day working opening Sat and Sun
- Learn from each site
 - WXH run a trial with diagnostics placed within AEC
- Using the PDSA cycle we re-developed the abscess pathway- now starting to develop the Biliary pathway
- Discussions have started about expanding and accepting urology patients
- Look at staffing levels and competencies and training packs